

Monica Bergquist

MB Art LLC

www.monicabergquistart.com

<https://www.instagram.com/mbergquistart/>

1-406-360-4512

monicabergquistart@gmail.com

1812 Belt View Drive, Helena, MT 59601

Brief Bio

Monica Bergquist is a US-based artist from Montana who melds fluid abstract and process painting with traditional techniques. Her work explores themes of complexity and duality, using various combinations of paints, mediums and solvents. She earned her BA in Fine Arts at the University of Montana and a MS degree in Nutritional Science from the University of Utah in 2007. After her Mom died of cancer, Monica realized that creating artwork needed to become primary, so she's painting again after a 20-year hiatus. Her three kids keep her running.

Exhibits

THE FEMALE GAZE, RTOWN GALLERY, GRAPEVINE, TEXAS, MAR 2026

GODDESSARTS MAGAZINE ABSTRACT GROUP SHOW, BERLIN, JULY-AUG 2025

SOLO EXHIBITION, SHOWCASING *FLOW* SERIES, TOUCAN GALLERY, BILLINGS, MT, JULY-AUG 2025

DOWNTOWN HELENA ART WALKS, BROTHERS TAPWORKS, HELENA, MT SUMMER 2025 AND QUARTERLY SINCE SPRING 2024

ARTIST IN RESIDENCE, MONTAGO COFFEE COMPANY, HELENA, MT JUN-SEPT 2025

HOLTER GALA: METAMORPHOSIS, HOLTER MUSEUM OF ART, HELENA MT, JURIED SILENT AUCTION, MAY 2025

OMERTÀ ARTS GALLERY, HELENA MT – NOV-FEB, 2024

HO HO HOLTER HOLIDAY JURIED SHOW & SILENT AUCTION AT THE HOLTER MUSEUM OF ART IN HELENA MT - NOV-DEC 2024

MONTAGO COFFEE COMPANY, HELENA MT - JUN-SEPT 2024

HOLY ART GALLERY, DIGITAL ART SHOW IN PARIS, FRANCE – SEPT 13-15, 2024

MT ASCENSION BREWERY, HELENA MT - JUNE 2024

Selected Features, Awards and Publications

ART SEEN FEATURE, ISSUE 19, SPRING 2026

SUBOART MAGAZINE FEATURE, JAN 2026

CANVAS REBEL INTERVIEW, OCTOBER 2025

CURATORY MAGAZINE, VOL 10, AND FEATURE OCTOBER-NOVEMBER 2025

GODDESSARTS MAGAZINE FEATURE, AND EXHIBIT, AUGUST 2025

FEATURED PROFILE BY TOUCAN GALLERY OWNER, MARK SANDERSON, "CONTROLLING THE CHAOS: THE ART OF MONICA BERGQUIST," JULY 2025

FEATURED INTERVIEW IN ARTS TO HEARTS PROJECT, "HOW MONICA BERGQUIST FINDS SPACE TO CREATE IN THE MIDDLE OF DAILY LIFE," JUN 2025

FINALIST IN JURIED 101 ART BOOK: ABSTRACT EDITION, 2025 BY ARTS TO HEARTS PROJECT

FEATURED ARTIST IN WOMEN IN ARTS NETWORK, "INSIDE MONICA BERGQUIST'S CREATIVE JOURNEY OF BLENDING FLUID AND TRADITIONAL ART," MARCH 2025

FINALIST IN THE JURIED 2ND PRINT ISSUE OF "WOMEN ARTISTS ON THE RISE BOOK" WITH THE EMERGING WOMEN ARTIST AWARD: 2024 FALL EDITION, ARTS TO HEARTS PROJECT

INTERVIEW IN ART RADAR, "FIVE QUESTIONS TO MONICA BERGQUIST" FROM NEW & ABSTRACT, SUMMER 2024

SCHOLARSHIP TO THE PROFESSIONAL ARTIST ASSOCIATION 12 MONTH MENTORSHIP BUSINESS COACHING PROGRAM, SUMMER 2024

Education

University of Montana, Missoula, MT – Bachelor of Arts in Fine Arts 2004, High Honors

University of Utah, Salt Lake City, UT – Coordinated Master's Program, Master's of Science in Nutritional Science, Registered Dietitian (RD) 2007

Worked as a Clinical RD at Dartmouth Hitchcock Medical Center in NH and as a Research Assistant for the Department of Pediatrics for Dartmouth College before returning West in 2013 and has numerous scientific publications

Memberships

Studio to Gallery, by Sonia Borrell, London, UK 2026

Professional Artist Association 2025-2026

Women in Arts Network 2025-2026